

PROGRAM AGENDA:
THURSDAY, APRIL 20, 2023

- 8:00 *REGISTRATION AND LIGHT BREAKFAST*
- 8:25 *WELCOMING REMARKS*
BRENDA KIM, GIN PRESIDENT
JILL MCKENRICK, GIN VICE PRESIDENT
JANICE WHITAKER, GIN PROGRAMMING
- 8:30 *BRING CLARITY TO CHAOS: 3 REASONS YOUR FAMILY SHOULD PLAN AHEAD FOR YOUR PASSING*
JENNA FRANKS, ESQUIRE
PARTNER AT STEINBACHER, GOODALL & YURCHAK
- 10:30 *BREAK*
- 10:45 *HOSPICE JOURNEY; THE END OF LIFE*
DR. AMY SWINDELL
MEDICAL DIRECTOR, FAMILY HOSPICE
- 12:15 *LUNCH*
- 1:15 *MANAGING END OF LIFE SYMPTOMS*
DR. AMY SWINDELL
- 3:15 *BREAK*
- 3:30 *LIVING LIFE TO ITS FULLEST*
JACKIE NAGINEY HOOK, MA, SPIRITUAL DIRECTOR, CELEBRANT, END OF LIFE DOULA
KOCH'S FUNERAL HOME
- 5:00 *EVALUATION*

Continuing Education

Applied for *seven hours* for NHA, PCHA, SW, RN, and CM.
All approvals are pending.

Nursing Continuing Professional Development (RNs)

Penn State Ross and Carol Nese College of Nursing is approved with distinction as a provider of nursing continuing professional development by the Pennsylvania State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. The topic of this education is non-clinical and therefore we did not identify, mitigate, or disclose relevant financial relationships. This Nursing Continuing Professional Development program has been submitted for 7.0 contact hours for participants who hold a valid RN license and attend the entire program; partial contact hours are not awarded.

Continuing Education Nursing Home Administrator Policy

The Pennsylvania State Board of Examiners of Nursing Home Administrators requires Administrators who attend the conference provide your license number to be listed on the certificate. Please bring your Nursing Home License number with you to the conference.

Geriatric Interest Network of Centre County

GIN is a group of individuals who realize the need for networking to enhance the sharing of information and collaborating of services to help the senior community in Centre County. Through regular education and networking meetings, GIN strives to meet the basic goals of education, advocacy, and networking.

Full Day Cost is \$65 per person for members and \$85 for non-members which include meals and 7 CEUs if applicable.

Registrations must be received by April 5, 2023.

Name:	
Organization:	
Work Address:	
City	Zip
Phone	
Email	
CEUs: CM NHA PCHA RN SW	
Please Circle One:	
Full Day Member \$65	
Full Day Non-Member \$85	
Meals: Regular Vegetarian Vegan Gluten Free	

Evaluations are due at the conclusion of the training.

Conference food will include a light breakfast, lunch, afternoon dessert snack and beverages.

Mail completed form and payment made out to GIN to:

GIN of Centre County
P.O. Box 340
Boalsburg, PA 16827

Registration using credit card is available:

www.centrecountygin.com

For more information about GIN, contact GIN at:
CentreCountyGIN@yahoo.com

GOALS/OBJECTIVES

Attendees will:

- discover the importance of having a living will and how it differs from a Physician Orders for Life-Sustaining Treatment (POLST) form.
- identify what current PA law statutes exist for POLST forms and recommendations for reviewing legal documents.
- explain how to talk with family members and medical providers about your final wishes.
- list characteristics of a good, durable health care proxy and reasons for establishing an advanced directive.
- articulate why a dementia diagnosis could force you to act sooner rather than later.
- explain what happens if you die without a will and the steps to consider when completing probate.
- identify common death taxes such as PA Inheritance tax, Federal Estate tax, and Capital Gains.
- describe the benefits of making planned funeral arrangements and designating proper beneficiaries.
- describe common symptoms experienced at the end of life, including the dying process
- develop an approach to managing patient and family expectations and needs
- identify clinical symptoms to provide both pharmacological and non-pharmacological interventions in end- of- life comfort care
- identify clinical symptoms of end- of- life care
- identify pharmacological interventions in end-of-life care
- identify non-pharmacological interventions in end-of-life care

- identify lessons from the dying for the living.
- identify how considering death can help you live your life more fully now.
- identify some of the sources of their feelings and beliefs about death.
- identify strategies for preparing for a good end of life.

GIN OFFICERS 2023

President

Brenda Oyler Kim, *Juniper Village at Brookline*

Vice President

Jill McKenrick, *Juniper Village at Brookline*

Secretary

Janice Germann, *Village at Penn State*

Treasurer

Amy Lorek, *Center for Healthy Aging, PSU*

Programming

Janice Whitaker, *CGNE, Nese College of Nursing, PSU*

LaVonne Ammerman, *Advantage Home Health*

Outreach

Conference Coordinator

Meg Clouser, *Foxdale Village*

Members-at-Large

Brandy McCardle, *Encompass Health & Rehabilitation Hospital*

Jenny Rank, *CGNE, Nese College of Nursing, PSU*

Sandy Schuckers, *C. C. Office of Aging*

Jeannine Shade, *Foxdale Village*

Mitchell Straub, *Vital Rehab & Wellness*

Legal Updates, End of Life & Living Life to Its Fullest

Thursday, April 20, 2023



This event will be held in-person at
Good Shepherd Church
867 Grays Woods Blvd
Port Matilda, PA 16870

Brought to you by
Centre County GIN
and



PennState

Ross and Carol Nese
College of Nursing

Tressa Nese and Helen Diskevich
Center of Geriatric Nursing Excellence

Seven hours of Continuing Education has been applied for and approvals are pending:
CM, NHA, PCHA, RN, and SW