

**PROGRAM AGENDA:
OCTOBER 19, 2023**

8:00 **REGISTRATION AND LIGHT BREAKFAST**

8:25 **WELCOMING REMARKS**

BRENDA KIM, GIN PRESIDENT
JILL MCKENRICK, GIN VICE PRESIDENT
JANICE WHITAKER, GIN PROGRAMMING

8:30 **UNDERSTANDING THE PSYCHIATRIC ISSUES IN OLDER**

**ADULTS: DEPRESSION, ANXIETY & SUICIDE,
NEUROPSYCHIATRIC SYMPTOMS OF DEMENTIA**
LINDA SHUMAKER, RN, GERO-BC, MA
OPTIMIZE AGING

11:30 **LUNCH**

12:15 **IMPROVING ACCESS TO MENTAL HEALTH**

SERVICES/WHY PA4/WHY NOW
LYNN COOPER, PUBLIC HEALTH LEADER, EXPERT &
ADVOCATE
THE PENNSYLVANIA ASSOCIATION OF AREA
AGENCIES ON AGING

2:15 **BREAK**

2:30 **BOLSTERING POSITIVE AGE & BENEFITS: TOOLS FOR
PROMOTING HEALTH**

AMY LOREK, PhD
DIRECTOR OF ENGAGEMENT & EDUCATION &
ASSISTANT RESEARCH PROFESSOR
CENTRE FOR HEALTHY AGING, PENN STATE
UNIVERSITY

3:30 **BREAK**

3:45 **CENTRE COUNTY: RESOURCES AVAILABLE CLOSE TO
HOME**

CATHY ARBOGAST, BS, MBA
ADMINISTRATOR, CENTRE COUNTY MH/ID, EI &
D&A

4:45 **EVALUATION**

Continuing Education

Applied for *seven* hours for NHA, PCHA, SW, RN, and CM.

All approvals are pending.

For more information about GIN, contact us at:

CentreCountyGIN@yahoo.com

Nursing Continuing Professional Development (RNs)

Penn State Ross and Carol Nese College of Nursing is approved with distinction as a provider of nursing continuing professional development by Pennsylvania State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. The topic of this education is non-clinical and therefore we did not identify, mitigate, or disclose relevant financial relationships. This Nursing Continuing Professional Development program has been submitted for 7.0 contact hours for participants who hold a valid RN license and attend the entire program; partial contact hours are not awarded.

Continuing Education Nursing Home Administrator

Policy

The Pennsylvania State Board of Examiners of Nursing Home Administrators requires Administrators who attend the conference provide your license number to be listed on the certificate. Please bring your Nursing Home License number with you to the conference.

Geriatric Interest Network of Centre County

GIN is a group of individuals who realize the need for networking to enhance the sharing of information and collaborating of services to help the senior community in Centre County. Through regular education and networking meetings, GIN strives to meet the basic goals of education, advocacy, and networking.

Full day cost is \$65 per person for members and \$85 for non-members which include meals and 7 CEUs if applicable. Registrations must be received by October 5, 2023.

Name:	
Organization:	
Work Address:	
City	Zip
Phone	
Email	
CEUs:	CM NHA PCHA RN SW
Please Circle One:	
Full Day Member \$65	
Full Day Non-Member \$85	
Meals: Regular Vegetarian Vegan Gluten Free	

Evaluations are due at the conclusion of the training.

Conference food will include a light breakfast, bigger lunch, afternoon dessert snack and beverages.

Mail completed form and payment made out to **GIN** to:

GIN of Centre County
P. O. Box 340
Boalsburg, PA 16823

Registration using credit card is available:

www.centrecountygin.com

GOALS/OBJECTIVES

Attendees will:

- Discuss the behavioral manifestations of psychiatric disease specific to older adults: depression, anxiety, and the neuropsychiatric symptoms of dementia.
- Critique the medical limitations in treating the “neuropsychiatric” symptoms of dementia.
- Describe common treatment approaches for older adults with depression, anxiety and dementia.
- Critique outreach interventions and evidence-based practices for behavioral health services for older adults.
- Provide an overview of the problem of limited access to mental health services and substance use disorder services for older adults.
- Provide a brief overview of the Area Agencies on Aging.
- Discuss ideas for building capacity to improve access in Pennsylvania.
- Define ageism and impacts to personal and community health.
- Identify negative and positive images of aging found in society.
- Recognize that health and memory problems can be the result of negative age beliefs we acquire.
- Identify opportunities to take actions that challenge ageism.
- Identify where to find local resource guides with necessary referral information for individuals served.
- Describe case management options that will provide additional care coordination support to individuals served.
- Recognize how to locate similar resources in home communities for those living outside of Centre County.

GIN OFFICERS 2023

President

Brenda Oyler Kim, *Juniper Village at Brookline*

Vice President

Jill McKenrick, *Juniper Village at Brookline*

Secretary

Janice Germann, *Village at Penn State*

Treasurer

Amy Lorek, *Center for Healthy Aging, PSU*

Programming

Janice Whitaker, *CGNE, Ross & Carol Nese College of Nursing, PSU*
LaVonne Ammerman, *Advantage Home Health*

Outreach

Brandy McCardle, *Encompass Health & Rehabilitation Hospital*
Jenny Rank, *CGNE, Ross & Carol Nese College of Nursing, PSU*

Conference Coordinator

Meg Clouser, *Foxdale Village*

Members-at-Large

Sandy Schuckers, *C. C. Office of Aging*
Jeannine Shade, *Foxdale Village*
Mitchell Straub, *Vital Rehab & Wellness*

Mental Health Issues Across The Commonwealth and Close to Home



This event will be held in-person at
Good Shepherd Church
867 Grays Woods Blvd
Port Matilda, PA 16870

Brought to you by
Centre County GIN
and



PennState
Ross and Carol Nese
College of Nursing

Tressa Nese and Helen Diskevich
Center of Geriatric Nursing Excellence

Seven hours of Continuing Education has been
applied for and approvals are pending:
CM, NHA, PCHA, RN, and SW